


long beach lodge
RESORT

SURF CLUB
8:00am to 7:00pm

DAILY SMOOTHIE

chef inspired flavor while quantities last • 7

BREAKFAST

available 8:00am to 12:00pm

for room service call 250-725-2442 or extension 534

SWEET WAFFLE • 15

strawberry compote, vanilla cream cheese whip,
toasted coconut (*may contain nuts*)

PLAIN WAFFLE • 10

served with maple syrup (*may contain nuts*)

VEGAN POWER BOWL • 14

toasted almonds, chia, cashews, seeds, dried fruit,
granola, banana, fresh berries

FRUIT BOWL • 5

pineapple, strawberries, blueberries

BAKERY

daily pastry • 5

daily muffin • 5

banana bread • 5

toasted buckwheat bagel • 5

butter, cream cheese, preserves

PANINIS

BREAKFAST • 12

scrambled eggs, bacon, baked beans, smoked cheddar
add house hot sauce • 0.50

CAPOCOLLO & PROSCIUTTO • 12

asiago, red pepper aioli, roasted peppers, arugula

SMOKED CHICKEN • 12

chipotle date jam, spinach, brie, dijon aioli

MUSHROOM • 12

roasted peppers, pickled zucchini, cashew hummus,
arugula, goat cheese leek aioli

NATHAN'S FAMOUS HOTDOGS

CLASSIC • 7.50

ketchup, mustard, relish

VEGETARIAN SOUP

10oz • 5

16oz • 8

SNACKS

chips • 2

chocolate bar • 3

fresh whole fruit • 3

cliff bar • 3.50

trail mix • 12

COFFEE & TEA

substitute almond, soy or oat milk • 1
make it iced • 1

mighty leaf teas • 3.50

hot chocolate • 5

foggy bean espresso • 3

americano • 4

cappuccino • 4.50

latte • 5

vanilla latte • 5.50

chai latte • 5.50

mocha • 6

WARM IT UP

add to your coffee or tea

1oz • 6

2oz • 10

kahlua

baileys

SODAS

sprite, ginger ale, coke, diet coke, club soda • 3

BEER

355ml • 6

tofino lager

tofino blonde

partake blonde *non-alcoholic*

473ml • 8

tofino tuff session

tofino ethereal IPA

tofino cosmic wave double IPA

yellow dog hazy pale ale

category 12 hazy IPA

r&b dude chilling pale ale

CIDER

lone tree dry 355ml • 6

no boats on sunday 473ml • 8

RED & WHITE WINE

5oz • 8

8oz • 12

COCKTAILS

1oz • 8

2oz • 12

CLASSIC CAESAR

vodka, tabasco, worcestershire, salt, pepper,
lime juice, olives