

  
**long beach lodge**  
RESORT  
**BRUNCH**

8:00am to 1:00pm  
call 250-725-2442 or extension 505 to order  
dine in, take out or room service, 17% gratuity on room service

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**MUSHROOM HASH • 17**

crispy potato polenta, roasted mushrooms and peppers, arugula, two poached eggs, pepper jam, hollandaise

*add smoked meat • 4*

**SMOKED BEET RANCHEROS • 17**

house smoked beets, black rice, guacamole, poached eggs, chipotle black crema, pickled onions, tortilla crumble

**DAILY OMELETTE • 16**

chef inspired creation; house made toast

*items below with choice of herb and parmesan hash browns or warm black rice and yam salad*

*substitute fruit • 2.50*

*tofu scramble for eggs • 2*

**SURF'S UP BREAKFAST • 17**

two eggs, toast, choice of house smoked ham, bacon or chicken-apple sausage

**SALMON BENNY • 19**

local cold smoked salmon, spinach, dill, pickled fennel, house made focaccia

**CLASSIC BENNY • 18**

house smoked ham, bacon jam, house made focaccia

**VEGETARIAN BENNY • 17**

mushroom, spinach, truffle garlic spread, crispy shallots, house made focaccia

**BREAKFAST SANDWICH • 16**

house smoked ham or beets, red pepper jam, guacamole, fried egg, buckwheat bagel

**SWEET WAFFLE • 16**

strawberry compote, vanilla cream cheese whip, toasted coconut (*may contain nuts*)

**PLAIN WAFFLE • 10**

served with maple syrup (*may contain nuts*)

**LONG BEACH BOWL • 17**

roasted yams, mushrooms, avocado, grape tomato, tofu scramble, cashew hummus, pumpkin seeds

**VEGAN POWER BOWL • 14**

toasted almonds, chia, cashews, seeds, dried fruit, granola, banana, fresh berries

**HOUSE OATMEAL • 12**

served hot, apple cinnamon compote, maple syrup, toasted almonds

**DAILY SMOOTHIE • 7**

chef inspired flavor limited quantities

**BAGEL AND LOX • 12**

local cold smoked salmon, dill caper cream cheese, pickled onion, buckwheat bagel

**BAKERY**

daily muffin • 5

toasted buckwheat bagel • 5

with butter, cream cheese, preserves

toast with butter, preserves • 4

**EXTRAS AND SIDES**

smoked salmon • 6

fresh fruit • 5

avocado • 4

bacon or house smoked ham • 5

two chicken-apple sausage • 5

herb and parmesan hash browns • 4

  
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**CHILDREN • 10**

*includes a small beverage*

**BEACHCOMBER**

one egg, herb and parmesan hash browns, choice of ham, bacon or chicken sausage

**WAFFLE**

*(may contains nuts)*

maple syrup, choice of house smoked ham, bacon or chicken-apple sausage

**OATMEAL**

cinnamon apple, toasted almonds, served with fresh fruit

**CEREAL**

choice of honey nut cheerios, rice krispies or raisin bran, served with milk, fresh fruit

**HOT BEVERAGES**

*substitute almond, soy or oat milk • 1*

*make it iced • 1*

**foggy bean drip coffee • 3.50**

**mighty leaf teas • 3.50**

**hot chocolate • 5**

**americano • 4**

**cappuccino • 4.50**

**latte • 5**

**vanilla latte • 5.50**

**chai latte • 5.50**

**mocha • 6**

**SPECIALTY COFFEE**

*1oz • 9 2oz • 16*

**blueberry tea** disarono, grand marnier, orange pekoe tea

**bailey's coffee** bailey's irish cream, espresso

**irish coffee** jameson's irish whiskey, espresso

**b52** bailey's irish cream, grand marnier, kahlua, espresso

**spanish coffee** kahlua, triple sec, espresso

**OPERATION CAESAR**

*1oz • 8 2oz • 12*

**classic** luksusowa vodka, tabasco, worcestershire, salt, pepper, lime juice, spicy bean

**fireball** tofino jalapeno vodka, tabasco, worcestershire, salt, pepper, lime juice, spicy bean

**kentucky** old forester bourbon, liquid smoke, paprika, tabasco, worcestershire, salt, pepper, lime juice, spicy bean

**garden** house-made carrot, celery, and garlic infused vodka, tabasco, worcestershire, salt, pepper, lime juice, celery, spicy bean

**MIMOSA**

**unsworth** "charme de l'île" and orange juice, cranberry or grapefruit juice • 7

**BC WINE BY THE GLASS**

*2.5oz | 5oz | 8oz | bottle*

**random white • 4 | 8 | 13 | 40**

**daily chardonnay • 5 | 10 | 14 | 48**

**random red • 4 | 8 | 13 | 40**